|  |
| --- |
| **Harry R. Hamilton Cares**  A Week of Giving Back to our Greater Community |

**The staff and students at Harry R. Hamilton want to make sure that everyone in our community has a holiday that is as warm and bright as possible. So, starting on Monday Dec 2nd and running 5 days, HRH will host a week of giving. Participation in any event does not rely on a student bringing in a donation as we want to make this as fun, inclusive, and festive as possible.**

**On Dec 6th Feed N.S. Stuff-a-Bus will collect the donated food, and the Salvation Army will collect donated toys and clothing items, which will be distributed to families in need within the HRM.**

**Monday Dec 2nd**: **Meal in a Can Monday**- wear your favorite team jersey and bring in a meal in a can, bag, or box - soup, KD, stew, pasta, and sauces.

**Tuesday Dec 3rd**: **Toys for Tots and Teens Tuesday** – Wear holiday colours – greens, reds and golds - and bring in an unwrapped new toy.

**Wednesday Dec 4th**: **Warm Hearts Wednesday** – wear your favorite hat and warm someone up from the *outside* by bringing in new hats, gloves, boots, and scarves or from the *inside* with coffee, coco, soups, or stews.

**Thursday Dec 5th**: Stay home and enjoy the break from school. Parents are welcome to drop off any donation item during Parent–Teacher in the Afternoon or Evening.

**Friday Dec 6th**: **Breakfast and PJ Day** - wear some holiday PJs (or just your favorite sleeping attire) and bring in a breakfast item – cereal, canned/powdered milk, or meal replacement drink. Also, any item that didn’t make it into a backpack during the week, that would help those in need around this holiday season - hats, mitts, foods, and toys

**MOST NEEDED FOOD ITEMS (**From Feed N.S.):

* soups and stews
* peanut butter
* cereal
* canned vegetables and fruits
* canned meat, fish, and beans
* rice, pasta and pasta sauce
* meal replacement drinks
* baby food and formula
* canned and powdered milk
* new, unopened personal hygiene items



If you have any questions and/or concerns or if your family needs assistance, please feel free to reach out. All discussions are confidential in nature [john.jennings@hrce.ca](mailto:john.jennings@hrce.ca)